WHOLE SCHOOL LEARN-TO-SWIM PROGRAM

The whole school Learn to Swim Program began yesterday conducted by Mrs McCormick. Although the water is cold, students are showing great enthusiasm and looking forward to learning more new skills.
Congratulations to the following students:

Sarah Readford, Teegan Lawrence, Riley Rosetta, Jack Hughes, Sara Hannan, Grace Smith, Jasmin Robinson, Tannika Maher, Lily Rosetta, Mitchell Lawrence, Ronan Crain, Georgia Thompson, Ronin Walker, Benjamin Hannan, Ellie Crawford, Harry Bambling, Teegan Lawrence, Alana Stanton, Kiandra Ward, Claudia Rummery, Haylee Foster, Julie Bambling, Thomas Smith, Lachlan Dierkx and Patrick Robinson who have qualified to represent Adelong Public School at the Highlands PSSA Carnival in Tumut on Tuesday 23 February 2016.

Principal’s Awards

Patrick, Jenna, Konrad, Jack and Tyler

Class Awards

Riley, Mitchell, Brooklyn and Sicily
NRL Visit

Last Wednesday, a special assembly was hosted by Mr James Smart the NRL Games Development Officer, with a focus on well-being. He spoke to the children about the benefits of:

- Eating healthy foods
- Proper hydration
- A goodnight’s sleep and
- Feeling good about yourself.

There was also some NRL trivia to test the children’s knowledge of the game, with Miss Weir’s team proving they knew their stuff when it came to Rugby League. Some prizes were given out to the participants.

Following the assembly Year 5/6 were invited to a clinic where they were shown some skills involved in the game of Rugby League, aiming to introduce the children to the game in a safe, non-competitive and fun environment.
P&C and CANTEEN NEWS

ANNUAL GENERAL MEETING
The P&C will be holding its Annual General Meeting on Tuesday 23 February 2016, commencing at 6.30pm.
All positions are declared vacant.
All parents are invited to attend and are welcome.

CANTEEN
The Summer Canteen Menu is attached at the end of this newsletter.

ROSTER
19 Feb: Ange Dierkx and Robyn Lovett
26 Feb: Lyndal Hannan and Toni Romeo
4 March: Maree Jamieson and Heli Alkumaa
11 March: Liz Smith and Jessica Weaver
1 April: Maria Contessa and Robyn Lovett
8 April: Heli Alkumaa and Toni Romeo

Please contact Toni Romeo if there are any problems or if you would like to volunteer to work in the canteen.

TERM 1 CANTEEN SPECIAL
HOT CROSS BUNS
Hot cross buns will be available from the Canteen for all of Term 1 starting this Friday.
Cost of the buns is 80c each and they can be purchased at Recess and Lunch.

COMMUNITY NEWS
Kanga Cricket
Kanga Cricket starts back up this Friday 19 February 2016.
It will run for three weeks finishing on March 4 2016 which will be followed by a presentation.
Any questions contact Lisa on 69462 264.
<table>
<thead>
<tr>
<th>Item</th>
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<tbody>
<tr>
<td>Plain Milk</td>
<td>1.00</td>
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<tr>
<td>Strawberry or Chocolate Milk</td>
<td>1.50</td>
</tr>
<tr>
<td>Apple, Apple/Blackcurrant and Orange Pop Top</td>
<td>1.50</td>
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<tr>
<td>Water</td>
<td>1.50</td>
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<tr>
<td>Pikelets</td>
<td>.25</td>
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<tr>
<td>Rice cakes or Corn thins (vegemite, cheese, ham or tomato)</td>
<td>.50</td>
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<tr>
<td>Popcorn</td>
<td>.50</td>
</tr>
<tr>
<td>Noodle Snacks</td>
<td>.80</td>
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<tr>
<td>Squeezie Yoghurts - Strawberry or Banana</td>
<td>1.00</td>
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**Sandwiches, Wraps, Burgers (fresh or toasted)**

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<tr>
<th>Item</th>
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<tbody>
<tr>
<td>Vegemite or Honey</td>
<td>1.00</td>
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<tr>
<td>Cheese or Egg</td>
<td>1.50</td>
</tr>
<tr>
<td>Salad (lettuce, cheese, beetroot, grated carrot, tomato)</td>
<td>2.00</td>
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<tr>
<td>Ham and cheese</td>
<td>2.00</td>
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<tr>
<td>Ham, cheese and tomato</td>
<td>2.50</td>
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<tr>
<td>Chicken or Tuna</td>
<td>2.50</td>
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<tr>
<td>Chicken or Tuna with salad</td>
<td>3.00</td>
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<tr>
<td>Ham or Chicken Wrap (lettuce, tomato, grated cheese, grated carrot</td>
<td>3.00</td>
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<tr>
<td>and mayo)</td>
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<tr>
<td>Chicken Burger (lettuce, cheese and mayo)</td>
<td>3.00</td>
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<tr>
<td>Pineapple and tomato are available on request</td>
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<tr>
<td>½ Burger</td>
<td>1.50</td>
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**Salad Packs (lettuce, cheese, pineapple, cucumber, tomato and carrot sticks)**

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<th>Item</th>
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<tbody>
<tr>
<td>Egg, Ham or Chicken</td>
<td>3.00</td>
</tr>
<tr>
<td>Tuna</td>
<td>4.00</td>
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</tbody>
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- Sandwiches with salad, salad packs, wraps and burgers will include all listed ingredients unless otherwise requested.
- If an item is not available, it will be substituted with a similar item (eg flavor of milk or juice).
- Please place recess and lunch orders in separate brown paper bags with your child’s name and class written on it.
- Paddle pops ($1.00) or Icy Bites (50¢) are for sale at lunch time and can be pre-ordered and paid with the lunch order, or bought after lunch.
- Please provide a container for salads. The Sistema Salad Tubs (available in supermarkets) with separate compartments are excellent.